

**CLIENT HISTORY and WAIVER**

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Mobile:** \_\_\_\_\_ **Email:** \_\_\_\_\_

What brings you here for your visit? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have: Pain \_\_\_\_\_ Numbness \_\_\_\_\_ Tingling \_\_\_\_\_ Aches \_\_\_\_\_

**PAIN SCALE** Between (1) LEAST and (10) MOST How would you rate your pain today? \_\_\_\_\_

Do you feel swelling \_\_\_\_\_, Cramping \_\_\_\_\_, stiffness \_\_\_\_\_, burning \_\_\_\_\_, Frozen \_\_\_\_\_?

Have you done anything for or gotten **any advice or treatment** for these issues? Yes \_\_\_\_\_ No \_\_\_\_\_

Is the condition **worse** during certain times of the day? When? \_\_\_\_\_

Are there any **other health concerns**? Past injuries? Past Accidents? Past surgeries?

How can you best **describe your birth**?

Hospital \_\_\_\_\_ Home \_\_\_\_\_ Cesarean \_\_\_\_\_ Vacuum/Suction \_\_\_\_\_ Forceps \_\_\_\_\_ Induced \_\_\_\_\_

How is your **sleep** pattern? Hours per night? \_\_\_\_\_

LEG DIFFERENTIAL: LEFT LEG \_\_\_\_\_ RIGHT LEG \_\_\_\_\_

HEAD AND NECK RANGE OF MOTION: \_\_\_\_\_

\*\*\*\*\*

**REBALANCE TEST SECOND SESSION** DATE: \_\_\_\_\_

**LEGS:** \_\_\_\_\_ **HEAD ROM:** \_\_\_\_\_

\*\*\*\*\*

PRINT YOUR NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN IS REQUIRED IF CHILD IS UNDER THE AGE OF 18 YEARS OLD:

\_\_\_\_\_

*CERVICAL MUSCLE RELEASE*  
*MASSAGE AND BODY WORK*  
*WAIVER FORM*



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I hereby acknowledge that I am 18 years of age or older and have read and understood the terms of this release.

Name/Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/Guardian is required if child is under the age of 18.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_